**Initial Check-In**

1. Arrival time if waiting
2. Informed consent form
   1. overview
      1. hooking up to equipment
      2. watch videos
      3. answer survey questions
3. Chewing gum
4. Cell phone
5. Jewelry/watch removal
6. Rinse hands
7. Mental notes for lab log

**Lab Session**

1. Take seat, keep hand still, do initial survey
2. Turn off light in data cave
3. Explain set up: equipment, videos, surveys
4. Headphones around neck
5. Hook up to Biopac
   1. press electrodes
6. Alternation of videos and surveys
   1. closing laptop, ring bell, instructions on screens
7. Blank slides between videos
8. Keep hand still, no leg crossing
9. Turning out the lights so more immersed
10. Headphones on ears
11. Ask if any further questions
    1. ring bell if need assistance
12. Start Acq*Knowledge*®*,* visual check on measurements
    1. then start SuperLab®
13. Verify lab survey submission b/f debrief

**Between Participants**

1. save Acq*Knowledge*®
2. wipe things down
3. new electrodes
4. new lab survey
5. laptop handedness
6. speakers v. headphones
7. new SuperLab®
8. new Acq*Knowledge*®
9. submit old lab log
10. new lab log